GOLD COAST RECREATION PRECINCT

Beach/pool Activities

Body Boarding, Surfing, Beach games, sand sculpting, pool games/pool party

- √ Hat
- √ Water Bottle
- √ Sunscreen
- √ Wear Togs, Sun Shirt, Shorts
- √ Beach Towel
- √ Wear Thongs



Creek Activities

Canoeing, Kayaking, Raft Building & Stand-up Paddle Boarding

- ✓ Hat
- √ Water Bottle
- ✓ Sunscreen
- √ swimmers, Sun Shirt, Shorts
- √ Beach Towel
- ✓ Enclosed Water Shoes (yes, they will get wet!)

Heights Activities...

High Ropes, Giant swing,
Abseiling/Quick jumps, Aerial
Adventure Park, Team rescue, Rock
climbing

- √ Hat
- √ Water Bottle
- √ Sunscreen
- ✓ Wear Enclosed shoes.
- √ Wear Shorts/tights and Shirts



All Land Activities...

Catapults, Orienteering, Indigenous Orienteering, Team Challenge, Archery, Circus skills, Kite building, Night show, TIGS.

- ✓ Hat
- ✓ Water Bottle
- ✓ Sunscreen
- ✓ Wear Enclosed shoes.
- ✓ Wear Shorts and Shirts





